



Manchester University
Healthcare Branch



Pay Bulletin 1 The Real Cost Of Living

The recent pay offer from the government and our employers of between 1.3% and 7% means that all our members will be worse off in line with current and projected inflation rates.

We are all aware there is a current cost of living crisis in the country.

We have worked tirelessly throughout the pandemic often putting ourselves and our family's health at risk and this is how they repay us. We need to PUT NHS PAY RIGHT

Presenting
The Real Cost Of Living Contest
NHS Pay Offer V The Real Cost Of Living



Overleaf is a snapshot of 8 basic shopping items and the current cost against the cost in January 2022. This shows how much basic shopping has increased and NHS staff have been awarded a below inflation pay increase. In fact A REAL TERMS PAY CUT!!!!!!!!!!!!

Supermarket Product	Cost Jan 2022	Cost July 2022	% Increase
4 pint semi skinned milk	£1.10	£1.38	28%
Warburtons medium loaf	95p	£1.10	15%
Pack of smoked back bacon	£1.25	£1.45	16%
Wholewheat spaghetti	65p	85p	30%
Own brand salted butter ½ lb	£1.40	£1.75	25%
Own brand washing up liquid	45p	69p	53%
Own brand toilet roll (6pack)	£1.25	£1.65	32%
Own brand still water 500ml	39p	47p	20%
TOTALS	£7.44	£9.34	25%